

B.M. IN MUSIC THERAPY WITH MINOR IN PSYCHOLOGY

Introduction

The music therapy program provides students with the opportunity to develop comprehensive musicianship as well as clinical knowledge and skills within a rich musical, scholarly and communicative environment. Music therapy majors must demonstrate musical proficiency, either vocally or instrumentally, and must acquire musical competency on guitar, piano, voice and percussion.

Graduates of this program are prepared for careers as professional music therapists in a variety of health care and educational settings. Furthermore, graduates are eligible to take the Board Certification Exam in music therapy, leading to the credential, Music Therapist Board Certified (MT-BC). The music therapy curriculum is approved by the American Music Therapy Association, and is based on the clinical and research paradigm known as Neurologic Music Therapy.

To remain in the Music Therapy program, students must earn a minimum 2.5 GPA each semester. Additionally, music therapy core courses must be completed with a grade of C or higher. All internship applications must include a written letter of recommendation from a music therapy faculty member.

Educational Objectives

The music therapy program is designed to address three primary objectives:

- **Comprehensive musicianship:** through intensive music study and performance experiences, students will articulate knowledge of music structure and style, produce aesthetically pleasing musical performances, and modify music for specific contexts.
- **Knowledge of human behavior:** by studying both theory and scientific evidence, students will develop an in-depth understanding of the systems of the human body, the intricacies of human behavior, as well as developmental norms and deviations in each domain of functioning.
- **Knowledge of Music Therapy:** students will engage in rigorous exploration of the theories and scientific evidence that support the use of music in a therapeutic context. Following the neurologic music therapy approach, all techniques learned in this program are based on scientific evidence regarding music perception and behavior. Furthermore, students have ample opportunity to establish and refine their therapeutic skills through five semesters of clinical practica in addition to a six-month, full-time clinical internship. Internship applications must include a written letter of recommendation from music therapy faculty member.

The Music Therapy Equivalency Program

The equivalency program is designed for the individual who has already completed a bachelor's degree in a related discipline, including the following courses:

Music Theory I, II, III and IV; Music History I and II; Conducting, Arranging, Applied Lessons (6 semesters), Performing Ensembles (6 semesters), Piano Competency (2 semesters of either lessons or group piano) and Introduction to Psychology.

Beyond these courses, the program consists of 50 credit hours that can be completed in two years, followed by a six-month clinical internship. All internship applications must include a written letter of recommendation from a music therapy faculty member. Please contact the Music Therapy Program Director for a listing of the 50 credit hours.

If any of the prerequisite courses have not yet been completed, they can be taken at the University of Miami. Taking these additional courses, however, may lengthen the amount of time required to complete the equivalency program. In certain situations, alternate courses from other universities can substitute for the required courses. Depending on the nature of the course, this decision will be made by the undergraduate dean, in consultation with the Music Therapy Program Director.

In order to determine exactly how many credits are required to complete the equivalency program, the student should obtain official transcripts for their previous degree and meet with the music therapy program director. Following completion of the course and internship, students are then eligible to sit for the music therapy board certification exam and can become professional members of the American Music Therapy Association (AMTA). For students wishing to pursue graduate studies in music therapy, the equivalency program can be combined with the master's degree in music therapy.

Curriculum Requirements

Code	Title	Credit Hours
General Education Requirements		
Written Communication Skills:		
WRS 105	First-Year Writing I	3
WRS 106 or ENG 106	First-Year Writing II Writing About Literature and Culture	3
Quantitative Skills:		
MTH 101	Algebra for College Students	3

Areas of Knowledge:		
Arts & Humanities Cognate (9 credits) (fulfilled through the major)		
People & Society Cognate (9 credits) (fulfilled through Psychology Minor)		0
STEM Cognate		9
Additional Requirements		
UMX 100	The University of Miami Experience	0
BIL 109	Human Biology	3
PSY 220	Introduction to Psychobiology	3
Advanced Writing and Communication Skills (3 courses) see details below		
Experiential Music Curriculum Core Courses MTY ¹		
MED 10	Music Therapy Forum (8 semesters or each semester in residence)	8
MXX XX1 (Level 1)	Principal Instrument Lesson & Studio Class (semesters 1-4, 2 credit hours)	8
MXX XX3 (Level 3)	Principal Instrument Lesson & Studio Class (semesters 5-6, 2 credit hours)	4
MTC 140 or MSJ 140 or MMI 140	Experiential Musicianship I	3
MTC 141 or MSJ 141 or MMI 141	Experiential Musicianship II	3
MTC 240 or MSJ 240 or MMI 240	Experiential Musicianship III	3
MTC 241 or MSJ 241 or MMI 241	Experiential Musicianship IV	3
MTC 107 or MSJ 107 or MMI 107	Skills Lab I (co-requisite MTC 140/MSJ 140/MMI 140)	1
MTC 108 or MSJ 108 or MMI 108	Skills Lab II (co-requisite MTC 141/MSJ 141/MMI 141)	1
MTC 207 or MSJ 207 or MMI 207	Skills Lab III (co-requisite MTC 240 /MSJ 240/MMI 240)	1
MTC 208 or MSJ 208 or MMI 208	Skills Lab IV (co-requisite MTC 241/MSJ 241/MMI 241)	1
MKP 140	Keyboard Studies I (or MSJ 103 if enrolled in MSJ theory)	1
MKP 141	Keyboard Studies II (or MSJ 104 if enrolled in MSJ theory)	1
MCY 140	Experiencing Music	3
MCY 141	European Musical Traditions (AWC)	3
MMI 250	Essential Technologies for Musicians	3
MMI 310	Music Business and Entrepreneurship for Musicians	3
MIP/MSJ/MMI XXX	Ensembles (semesters 1-6, 1-2 credit hours)	6-12
Total credits for EMC Core courses = 56		
Courses in the MTY Major ¹		
MED 159	Introduction to Music Therapy	3
MED 149	Functional Techniques in Music Therapy I	2
MED 249	Functional Techniques in Music Therapy II	2
MED 259	Music Therapy Pre-Practicum	2

MED 359	Music Therapy Practicum 1A	2
MED 360	Music therapy Practicum 1B	2
MED 361	Music Therapy Practicum 2A	2
MED 362	Music Therapy Practicum 2B	2
MED 363	Music Therapy Practicum 3A (AWC)	2
MED 242	Percussion Techniques	1
MED 244	Vocal Techniques	1
or MVP 250	Lyric Diction for Singers - English	
MED 545	Music in Rehabilitation	3
MED 546	Music in Psychotherapy	3
MED 551	Music Therapy Research Methods (AWC)	3
MED 559	Internship in Music Therapy (requires recc. letter from MTY faculty)	3
MED 562	Psychology of Music I	3
MED 576	Music and Development	3
DAN 290	Introduction to Dance-Movement Therapy	2
MIP 181	Instrumental Conducting I	2
or MVP 181	Choral Conducting I	
PSY 110	Introduction to Psychology	3
PSY 230	Child and Adolescent Development	3
PSY 240	Psychopathology (minor)	3
PSY 292	Introduction to Biobehavioral Statistics Section B	3
PSY 345	Child Psychopathology	3
MED 560	Internship in Music Therapy II ²	0
Total Credit Hours		138-144

¹ EMC and MED courses require a grade of "C" or higher. Lessons require a grade of "B-" or higher.

² Students enrolling in MED 560 Music Therapy Internship II are considered full-time. Health insurance is mandatory. International students must apply for CPT (Curricula Practical Training). This course confers full-time status for undergraduate students and fulfills a degree requirement for the Bachelor of Music Therapy degree program.

Advanced Writing and Communication Skills

Courses

All students are required to successfully complete 3 Advanced Writing and Communication Skills (AWC) courses. Student degree requirements will include courses that meet the desired communication outcomes in evaluated and revised writing, speaking, stage presence, and audience engagement.

All Music Therapy students will successfully complete:

1. MCY 141 Musical Trends and Traditions, which will include substantial evaluated and revised writing components.
2. MED 363 Senior Practicum, which will include evaluated communication skills in attracting an audience, engaging an audience during performance, and preparing program notes or similar media as appropriate to the medium/venue.
3. MED 551 Music Therapy Research Methods, which will include discipline specific communication skills.

Assessment

There will be at least 2 specific assessments in each Advanced Communications Skills course for communications or writing equivalent to 4000 words, evaluated and revised.

Suggested Plan of Study

Year One		Credit Hours
Fall		
MED 10	Music Therapy Forum	1
Principal Instrument Lesson/Voice Lesson & Studio Class		2
MCY 140	Experiencing Music	3

MTC 140, MSJ 140, or MMI 140	Experiential Musicianship I or Experiential Musicianship I or Experiential Musicianship I	3
MTC 107, MSJ 107, or MMI 107	Skills Lab I or Skills Lab I or Skills Lab I	1
MKP 140 or MSJ 103	Keyboard Studies I or Jazz Piano I	1
MED 159	Introduction to Music Therapy	3
WRS 105	First-Year Writing I	3
UMX 100	The University of Miami Experience	0
Ensemble		1
Credit Hours		18
Spring		
MED 10	Music Therapy Forum	1
Principal Instrument Lesson/Voice Lesson & Studio Class		2
MKP 141 or MSJ 104	Keyboard Studies II or Jazz Piano II	1
MTC 141, MSJ 141, or MMI 141	Experiential Musicianship II or Experiential Musicianship II or Experiential Musicianship II	3
MTC 108, MSJ 108, or MMI 108	Skills Lab II or Skills Lab II or Skills Lab II	1
MED 149	Functional Techniques in Music Therapy I	2
MTH 101	Algebra for College Students	3
WRS 106 or ENG 106	First-Year Writing II or Writing About Literature and Culture	3
Ensemble		1
Credit Hours		17
Year Two		
Fall		
MED 10	Music Therapy Forum	1
Principal Instrument Lesson/Voice Lesson & Studio Class		2
MED 259	Music Therapy Pre-Practicum	2
MTC 240, MSJ 240, or MMI 240	Experiential Musicianship III or Experiential Musicianship III or Experiential Musicianship III	3
MTC 207, MSJ 207, or MMI 207	Skills Lab III or Skills Lab III or Skills Lab III: American Song Traditions	1
MED 244 or MVP 250	Vocal Techniques or Lyric Diction for Singers - English	1
PSY 110	Introduction to Psychology	3
DAN 290	Introduction to Dance-Movement Therapy	2
Ensemble		1
Credit Hours		16
Spring		
MED 10	Music Therapy Forum	1
Principal Instrument Lesson/Voice Lesson & Studio Class		2
MCY 141	European Musical Traditions	3
MTC 241, MSJ 241, or MMI 241	Experiential Musicianship IV or Experiential Musicianship IV or Experiential Musicianship IV	3

MTC 208, MSJ 208, or MMI 208	Skills Lab IV or Skills Lab IV or Skills Lab IV: American Song Traditions	1
MED 359	Music Therapy Practicum 1A	2
PSY 230	Child and Adolescent Development	3
Ensemble		1
Credit Hours		16
Year Three		
Fall		
MED 10	Music Therapy Forum	1
Principal Instrument Lesson/Voice Lesson & Studio Class		2
MIP 181 or MVP 181	Instrumental Conducting I or Choral Conducting I	2
MED 242	Percussion Techniques	1
MED 249	Functional Techniques in Music Therapy II	2
MED 360	Music therapy Practicum 1B	2
MED 576	Music and Development	3
Ensemble		1
PSY 292	Introduction to Biobehavioral Statistics Section B	3
Credit Hours		17
Spring		
MED 10	Music Therapy Forum	1
Principal Instrument Lesson/Voice Lesson & Studio Class		2
MED 361	Music Therapy Practicum 2A	2
MED 545	Music in Rehabilitation	3
PSY 240	Psychopathology	3
STEM Cognate		3
Ensemble		1
Credit Hours		15
Year Four		
Fall		
MED 10	Music Therapy Forum	1
MED 362	Music Therapy Practicum 2B	2
MED 551	Music Therapy Research Methods	3
MMI 250	Essential Technologies for Musicians	3
STEM Cognate		3
STEM Cognate		3
Credit Hours		15
Spring		
MED 10	Music Therapy Forum	1
MED 363	Music Therapy Practicum 3A	2
MED 546	Music in Psychotherapy	3
MED 559	Internship in Music Therapy	3
MED 562	Psychology of Music I	3
MMI 310	Music Business and Entrepreneurship for Musicians	3
PSY 345 or 456	Child Psychopathology or Genetic and Developmental Disorders	3
Credit Hours		18

Year Five		
Fall		
MED 560	Internship in Music Therapy II ¹	0
	Credit Hours	0
	Total Credit Hours	132

¹ Students enrolling in MED 560 Music Therapy Internship II are considered full-time. Health insurance is mandatory but can be waived depending on visa status. International students must apply for CPT (Curricula Practical Training). This course confers full-time status for undergraduate students and fulfills a degree requirement for the Bachelor of Music Therapy degree program.

Mission

The mission of the Bachelor of Music degree program in Music Therapy at the Frost School of Music is to prepare students to develop: a) advanced and functional musicianship, b) music therapy clinical knowledge, and c) music therapy clinical skill. The preparation of students' academic, professional, and interpersonal therapeutic abilities will satisfy the required standards of practice of an entry level practitioner as required by the American Music Therapy Association. The Frost program seeks to recruit and retain highly qualified students to study and gain entry-level clinical skill for music therapy practice and employment and to prepare them for graduate study.

Goals

The music therapy program is designed to address three primary objectives:

- Comprehensive musicianship: through intensive music study and performance experiences, students will articulate knowledge of music structure and style, produce aesthetically pleasing musical performances, and modify music for specific contexts.
- Knowledge of human behavior: by studying both theory and scientific evidence, students will develop an in-depth understanding of the systems of the human body, the intricacies of human behavior, as well as developmental norms and deviations in each domain of functioning.
- Knowledge of Music Therapy: students will engage in rigorous exploration of the theories and scientific evidence that support the use of music in a therapeutic context. Following the neurologic music therapy approach, all techniques learned in this program are based on scientific evidence regarding music perception and behavior. Furthermore, students have ample opportunity to establish and refine their therapeutic skills through five semesters of clinical practice in addition to a six-month, full-time clinical internship. Internship applications must include a written letter of recommendation from music therapy faculty member.

Student Learning Outcomes

- Students will demonstrate functional music skills for clinical practice.
- Students will demonstrate effective treatment planning to include assessment of various diagnoses, setting of goals and objectives, designing therapeutic music experiences, accurate data collection of behavior, and ability to articulate client progress through both verbal and written means.
- Students will demonstrate effective clinical practice skills including the ability to facilitate client response through appropriate music interventions.