MINOR IN EXERCISE PHYSIOLOGY

A minor in Exercise Physiology is open to all students at the University of Miami. Students should complete the required 5 courses in order to earn the EXPH minor.

Curriculum Requirements

Code	Title	Credit Hours
KIN 155	Biological Bases for Physical Activity and Health	3
KIN 202	Applied Nutrition for Health and Performance	3
KIN 232	Basic Human Physiology	3
KIN 233	Basic Anatomy Lab	2
KIN 365	Exercise Programming	3
Total Credit Hours		14