

# B.S.ED. IN COMMUNITY AND APPLIED PSYCHOLOGICAL STUDIES

## Overview

The major in **Community and Applied Psychological Studies (CAPS)** focuses on the promotion of healthy development and well-being. It prepares students to work with people in multiple contexts and settings:

- health and human services
- schools, universities, and community programs
- government and non-government agencies
- grass-roots movements
- socially responsible business and entrepreneurial organizations

By exploring the scholarly and practical interconnections among **individual, interpersonal, social, and community approaches to change**, students learn to identify barriers to well-being and to implement effective change-oriented strategies and policies. CAPS coursework emphasizes **theory, research, and skills**. It culminates in a **practicum** in a setting related to students' area of interest and prepares them for both graduate studies and careers.

CAPS students must declare an approved second major or a minor either in the School of Education or through any other school or college.

## Curriculum Requirements

### Community and Applied Psychological Studies

Code	Title	Credit Hours
<b>Major Requirements 39-42 Credits</b>		
EPS 201	Psychosocial Change and Well-being	3
EPS 270	Lifespan Human Development	3
EPS 291	Community and Character Development	3
EPS 311	Group Processes and Development	3
EPS 321	Understanding Human Service Organizations	3
EPS 361	Community Psychology and Development	3
EPS 371	Applied Social Research Methods	3
EPS 411	The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement)	3
or EPS 412	Migration, Well Being, and Human Development	
or EPS 430	Creating Belonging Through Dialogue	
EPS 440	Listening and Helping Skills.	3
EPS 452	Community Program Development and Evaluation	3
EPS 578	Community and Applied Psychological Studies Practicum	3-6
EPS 579	Community and Applied Psychological Studies Practicum Seminar	3
And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, EPS 462, MGT 304, EPS 504, EPS 587		3
<b>General Education Requirements</b>		
Written Communication Skills:		
WRS 105	First-Year Writing I	3
WRS 106	First-Year Writing II	3
Quantitative Skills:		
EPS 351	Introduction to Statistics and Research Design <sup>1</sup>	3
Areas of Knowledge:		
Arts and Humanities Cognate		9
People & Society Cognate (9 credits) (fulfilled through the major)		
STEM Cognate		9
<b>Other Required Courses</b>		
MTH 101	Algebra for College Students (or elective)	3

Minor	15
General Electives	36
<b>Total Credit Hours</b>	<b>120</b>

<sup>1</sup> This course fulfills the Quantitative Skills requirement.

## Suggested Plan of Study

### Community and Applied Psychological Studies

Year One		Credit Hours
<b>Fall</b>		
EPS 201	Psychosocial Change and Well-being	3
EPS 270	Lifespan Human Development	3
WRS 105	First-Year Writing I	3
MTH 101	Algebra for College Students (or elective)	3
UMX 100	The University of Miami Experience	0
Arts and Humanities Cognate		3
<b>Credit Hours</b>		<b>15</b>
<b>Spring</b>		
EPS 311	Group Processes and Development	3
CAPS Elective		3
STEM Cognate		3
WRS 106	First-Year Writing II	3
Arts and Humanities Cognate		3
<b>Credit Hours</b>		<b>15</b>
<b>Year Two</b>		
<b>Fall</b>		
EPS 291	Community and Character Development	3
EPS 361	Community Psychology and Development	3
EPS 351	Introduction to Statistics and Research Design	3
Minor Course		3
STEM Cognate		3
<b>Credit Hours</b>		<b>15</b>
<b>Spring</b>		
EPS 321	Understanding Human Service Organizations	3
EPS 411, 412, or 430	The Psychology of Diversity (or EPS 412, EPS 430) or Migration, Well Being, and Human Development or Creating Belonging Through Dialogue	3
Minor Course		3
Minor Course or General Elective		3
STEM Cognate		3
<b>Credit Hours</b>		<b>15</b>
<b>Year Three</b>		
<b>Fall</b>		
EPS 371	Applied Social Research Methods	3
A&H Cognate		3
Minor Course		3
Minor Course		3
General Elective		3
<b>Credit Hours</b>		<b>15</b>
<b>Spring</b>		
EPS 440	Listening and Helping Skills.	3
Minor Course		3

General Elective		3
General Elective		3
General Elective		3
<b>Credit Hours</b>		<b>15</b>
<b>Year Four</b>		
<b>Fall</b>		
EPS 452	Community Program Development and Evaluation	3
Free Elective		3
General Elective		3
General Elective		3
General Elective		3
<b>Credit Hours</b>		<b>15</b>
<b>Spring</b>		
EPS 578	Community and Applied Psychological Studies Practicum	6
EPS 579	Community and Applied Psychological Studies Practicum Seminar	3
Minor Elective (if needed)		
Free Elective		3
Free Elective		3
<b>Credit Hours</b>		<b>15</b>
<b>Total Credit Hours</b>		<b>120</b>

## Mission

The major in Community and Applied Psychological Studies (CAPS) seeks to train leading thinkers, professionals, and future scholars in the pursuit of innovative, scientific, and practical approaches to the promotion of healthy development and well-being. Students are exposed to scholarly and applied knowledge bases regarding the interconnectedness of personal, interpersonal, institutional, and community change, barriers to healthy development and well-being at these levels, and strategies and policies that promote well-being in individuals, families, and communities.

## Goals

The CAPS major prepares students to enter competitive graduate programs and to work with people in multiple contexts and settings, including:

- health and human services
- schools, universities, and community programs
- government and non-government agencies
- grass-roots movements
- socially responsible corporations.

## Student Learning Outcomes

- Students will demonstrate in-depth knowledge of the field including intrapersonal, interpersonal, institutional, and community development and well-being; common barriers to well-being at various ecological levels; and strategies to promote healthy development and well-being in individuals, institutions, and communities.
- Students will demonstrate reflective and critical thinking skills.
- Students will demonstrate superior and skillful writing proficiency using language and grammar accurately, efficiently and effectively.