# B.S.ED. IN COMMUNITY AND APPLIED PSYCHOLOGICAL STUDIES

### **Overview**

The major in **Community and Applied Psychological Studies (CAPS)** focuses on the promotion of healthy development and well-being. It prepares students to work with people in multiple contexts and settings:

- · health and human services
- · schools, universities, and community programs
- · government and non-government agencies
- · grass-roots movements
- · socially responsible business and entrepreneurial organizations

By exploring the scholarly and practical interconnections among **individual**, **interpersonal**, **social**, and **community approaches to change**, students learn to identify barriers to well-being and to implement effective change-oriented strategies and policies. CAPS coursework emphasizes **theory**, **research**, **and skills**. It culminates in a **practicum** in a setting related to students' area of interest and prepares them for both graduate studies and careers.

CAPS students must declare an approved second major or a minor either in the School of Education or through any other school or college.

## **Curriculum Requirements**

#### **Community and Applied Psychological Studies**

Major Requirements 39-42 Credits  EPS 201 Psychosocial Change and Well-being 3  EPS 270 Lifespan Human Development 3  EPS 271 Community and Character Development 3  EPS 291 Community and Character Development 3  EPS 311 Group Processes and Development 3  EPS 311 Group Processes and Development 3  EPS 321 Understanding Human Service Organizations 3  EPS 321 Understanding Human Service Organizations 3  EPS 371 Applied Social Research Methods 3  EPS 371 Applied Social Research Methods 3  EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement)  or EPS 412 Migration, Well Being, and Human Development 4  or EPS 430 Creating Belonging Through Dialogue 4  EPS 440 Listening and Helping Skills. 3  EPS 452 Community Program Development and Evaluation 3  EPS 578 Community and Applied Psychological Studies Practicum 43-6  EPS 579 Community and Applied Psychological Studies Practicum Seminar 3  And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3  EPS 462 MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3  WRS 106 First-Year Writing I 3  ARS 106 First-Year Writing I 3  Areas of Knowledge.  Arts and Humanities Cognate (9 credits) (fulfilled through the major)  STEM Cognate 0  Other Required Courses  MTH 101 Algebra for College Students (or elective) 3	Code	Title	Credit Hours
EPS 270	Major Requirements 39-42 Credits		
EPS 291 Community and Character Development 3 EPS 311 Group Processes and Development 3 EPS 321 Understanding Human Service Organizations 3 EPS 361 Community Psychology and Development 3 EPS 371 Applied Social Research Methods 3 EPS 371 Applied Social Research Methods 3 EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement) 4 Or EPS 412 Migration, Well Being, and Human Development 5 Or EPS 430 Creating Belonging Through Dialogue 5 EPS 440 Listening and Helping Skills. 3 EPS 452 Community Program Development and Evaluation 3 EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 5 EPS 462, MGT 304, EPS 504, EPS 587 General Education Requirements Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 Areas of Knowledge: 4 Arts and Humanities Cognate 9 credits) (fulfilled through the major) STEM Cognate Other Required Courses	EPS 201	Psychosocial Change and Well-being	3
EPS 311 Group Processes and Development 3 EPS 321 Understanding Human Service Organizations 3 EPS 361 Community Psychology and Development 3 EPS 371 Applied Social Research Methods 3 EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement) 4 or EPS 412 Migration, Well Being, and Human Development 4 or EPS 430 Creating Belonging Through Dialogue 5 EPS 440 Listening and Helping Skills. 3 EPS 452 Community Program Development and Evaluation 3 EPS 578 Community Program Development and Evaluation 3 EPS 579 Community and Applied Psychological Studies Practicum 43-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, EPS 462, MCT 304, EPS 504, EPS 587  General Education Requirements Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: 4 Arts and Humanities Cognate 9 EPS 450 Cognate (9 credits) (fulfilled through the major) STEM Cognate Other Required Courses	EPS 270	Lifespan Human Development	3
EPS 321 Understanding Human Service Organizations 3 EPS 361 Community Psychology and Development 3 EPS 371 Applied Social Research Methods 3 EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement) or EPS 412 Migration, Well Being, and Human Development or EPS 430 Creating Belonging Through Dialogue EPS 440 Listening and Helping Skills. 3 EPS 452 Community Program Development and Evaluation 3 EPS 578 Community Program Development and Evaluation 3 EPS 579 Community and Applied Psychological Studies Practicum Senior 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3 EPS 452 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3 EPS 452 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3 EPS 452 First-Year Writing I 3 EPS 579 First-Year Writing I 3 EPS 579 First-Year Writing I 3 EPS 579 First-Year Writing II 3 EPS 570 First-Year Wri	EPS 291	Community and Character Development	3
EPS 361 Community Psychology and Development 3 EPS 371 Applied Social Research Methods 3 EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement) 4 or EPS 412 Migration, Well Being, and Human Development 5 or EPS 430 Creating Belonging Through Dialogue 6 EPS 440 Listening and Helping Skills. 3 EPS 452 Community Program Development and Evaluation 3 EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 411, EPS 412, EPS 420, EPS 430, EPS 462, MGT 304, EPS 504, EPS 587 General Education Requirements Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate 9 credits) (fulfilled through the major) STEM Cognate 9 Other Required Courses	EPS 311	Group Processes and Development	3
EPS 371 Applied Social Research Methods  3 EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement)  or EPS 412 Migration, Well Being, and Human Development or EPS 430 Creating Belonging Through Dialogue  EPS 440 Listening and Helping Skills.  EPS 452 Community Program Development and Evaluation 3 EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate 9 credits) (fulfilled through the major) STEM Cognate  Other Required Courses	EPS 321	Understanding Human Service Organizations	3
EPS 411 The Psychology of Diversity (Or EPS 412, EPS 430 to fulfill the diversity requirement) or EPS 412 Migration, Well Being, and Human Development or EPS 430 Creating Belonging Through Dialogue EPS 440 Listening and Helping Skills.  EPS 452 Community Program Development and Evaluation 3 EPS 458 Community and Applied Psychological Studies Practicum 3-6 EPS 578 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, EPS 462, MGT 304, EPS 504, EPS 587 General Education Requirements Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate People & Society Cognate (9 credits) (fulfilled through the major) STEM Cognate Other Required Courses	EPS 361	Community Psychology and Development	3
diversity requirement) or EPS 412 Migration, Well Being, and Human Development or EPS 430 Creating Belonging Through Dialogue EPS 440 Listening and Helping Skills. 3 EPS 452 Community Program Development and Evaluation 3 EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate People & Society Cognate (9 credits) (fulfilled through the major) STEM Cognate Other Required Courses	EPS 371	Applied Social Research Methods	3
or EPS 430 Creating Belonging Through Dialogue  EPS 440 Listening and Helping Skills. 3  EPS 452 Community Program Development and Evaluation 3  EPS 578 Community and Applied Psychological Studies Practicum 3-6  EPS 579 Community and Applied Psychological Studies Practicum Seminar 3  And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3  EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3  WRS 106 First-Year Writing II 3  Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1  Areas of Knowledge:  Arts and Humanities Cognate 9  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  Other Required Courses	EPS 411		3
EPS 440 Listening and Helping Skills.  EPS 452 Community Program Development and Evaluation 3 EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3 EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge:  Arts and Humanities Cognate 9 People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  Other Required Courses	or EPS 412	Migration, Well Being, and Human Development	
EPS 452 Community Program Development and Evaluation 3 EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 420, EPS 430, EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate 9 People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate Other Required Courses	or EPS 430	Creating Belonging Through Dialogue	
EPS 578 Community and Applied Psychological Studies Practicum 3-6 EPS 579 Community and Applied Psychological Studies Practicum Seminar 3 And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430, 3 EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate 9 People & Society Cognate (9 credits) (fulfilled through the major) STEM Cognate Other Required Courses	EPS 440	Listening and Helping Skills.	3
EPS 579 Community and Applied Psychological Studies Practicum Seminar  And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430,  EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3  WRS 106 First-Year Writing II 3  Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3  Areas of Knowledge:  Arts and Humanities Cognate  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  Other Required Courses	EPS 452	Community Program Development and Evaluation	3
And choose (1) course from EPS electives list: EPS 280, EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430,  EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3  WRS 106 First-Year Writing II 3  Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3  Areas of Knowledge:  Arts and Humanities Cognate  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  Other Required Courses	EPS 578	Community and Applied Psychological Studies Practicum	3-6
EPS 462, MGT 304, EPS 504, EPS 587  General Education Requirements  Written Communication Skills:  WRS 105 First-Year Writing I 3  WRS 106 First-Year Writing II 3  Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3  Areas of Knowledge:  Arts and Humanities Cognate 9  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate 9  Other Required Courses	EPS 579	Community and Applied Psychological Studies Practicum Seminar	3
Written Communication Skills: WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills: EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate People & Society Cognate (9 credits) (fulfilled through the major) STEM Cognate Other Required Courses	, · ·	EPS 306, EPS 340, EPS 365, EPS 411, EPS 412, EPS 420, EPS 430,	3
WRS 105 First-Year Writing I 3 WRS 106 First-Year Writing II 3 Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate 9 Other Required Courses	General Education Requirements		
WRS 106 First-Year Writing II 3  Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3  Areas of Knowledge:  Arts and Humanities Cognate 9  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate 9  Other Required Courses	Written Communication Skills:		
Quantitative Skills:  EPS 351 Introduction to Statistics and Research Design 1 3  Areas of Knowledge:  Arts and Humanities Cognate  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  9  Other Required Courses	WRS 105	First-Year Writing I	3
EPS 351 Introduction to Statistics and Research Design 1 3 Areas of Knowledge: Arts and Humanities Cognate People & Society Cognate (9 credits) (fulfilled through the major) STEM Cognate 9 Other Required Courses	WRS 106	First-Year Writing II	3
Areas of Knowledge: Arts and Humanities Cognate  People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  9  Other Required Courses	Quantitative Skills:		
Arts and Humanities Cognate People & Society Cognate (9 credits) (fulfilled through the major) STEM Cognate 9 Other Required Courses	EPS 351	Introduction to Statistics and Research Design <sup>1</sup>	3
People & Society Cognate (9 credits) (fulfilled through the major)  STEM Cognate  9  Other Required Courses	Areas of Knowledge:		
STEM Cognate 9 Other Required Courses	Arts and Humanities Cognate		9
Other Required Courses	People & Society Cognate (9 credits) (fulfilled through th	ne major)	
·	STEM Cognate		9
MTH 101 Algebra for College Students (or elective) 3	Other Required Courses		
	MTH 101	Algebra for College Students (or elective)	3

Total Credit Hours	120
General Electives	36
Minor	15

<sup>1</sup> This course fulfills the Quantitative Skills requirement.

# **Suggested Plan of Study**

# **Community and Applied Psychological Studies**

Year One		
Fall		Credit Hours
EPS 201	Psychosocial Change and Well-being	3
EPS 270	Lifespan Human Development	3
WRS 105	First-Year Writing I	3
MTH 101	Algebra for College Students (or elective)	3
UMX 100	The University of Miami Experience	0
Arts and Humanities Cognate	The oniversity of ivitatin Experience	3
Arts and Hamanites Cognate	Credit Hours	
Spring	orealt riours	13
EPS 311	Group Processes and Development	3
CAPS Elective	Group i rocesses and Development	3
STEM Cognate		3
WRS 106	First-Year Writing II	3
Arts and Humanities Cognate	riist real witting ii	3
7 tito and Hamanities cognate	Credit Hours	
Year Two	orealt riours	13
Fall		
EPS 291	Community and Character Development	3
EPS 361	Community Psychology and Development	3
EPS 351	Introduction to Statistics and Research Design	3
Minor Course	introduction to statistics and neocardin bedigin	3
STEM Cognate		3
or Em cognate	Credit Hours	15
Spring	oreal ribaro	
EPS 321	Understanding Human Service Organizations	3
EPS 411, 412,	The Psychology of Diversity (or EPS 412, EPS 430)	3
or 430	or Migration, Well Being, and Human Development	0
	or Creating Belonging Through Dialogue	
Minor Course		3
Minor Course or General Elective		3
STEM Cognate		3
	Credit Hours	15
Year Three		
Fall		
EPS 371	Applied Social Research Methods	3
A&H Cognate		3
Minor Course		3
Minor Course		3
General Elective		3
	Credit Hours	15
Spring		
EPS 440	Listening and Helping Skills.	3
Minor Course		3

General Elective		3
General Elective		3
General Elective		3
	Credit Hours	15
Year Four		
Fall		
EPS 452	Community Program Development and Evaluation	3
Free Elective		3
General Elective		3
General Elective		3
General Elective		3
	Credit Hours	15
Spring		
EPS 578	Community and Applied Psychological Studies Practicum	6
EPS 579	Community and Applied Psychological Studies Practicum Seminar	3
Minor Elective (if needed)		
Free Elective		3
Free Elective		3
	Credit Hours	15
	Total Credit Hours	120

## **Mission**

The major in Community and Applied Psychological Studies (CAPS) seeks to train leading thinkers, professionals, and future scholars in the pursuit of innovative, scientific, and practical approaches to the promotion of healthy development and well-being. Students are exposed to scholarly and applied knowledge bases regarding the interconnectedness of personal, interpersonal, institutional, and community change, barriers to healthy development and well-being at these levels, and strategies and policies that promote well-being in individuals, families, and communities.

#### **Goals**

The CAPS major prepares students to enter competitive graduate programs and to work with people in multiple contexts and settings, including:

- · health and human services
- · schools, universities, and community programs
- government and non-government agencies
- · grass-roots movements
- · socially responsible corporations.

## **Student Learning Outcomes**

- Students will demonstrate in-depth knowledge of the field including intrapersonal, interpersonal, institutional, and community development and well-being; common barriers to well-being at various ecological levels; and strategies to promote healthy development and well-being in individuals, institutions, and communities.
- · Students will demonstrate reflective and critical thinking skills.
- · Students will demonstrate superior and skillful writing proficiency using language and grammar accurately, efficiently and effectively.